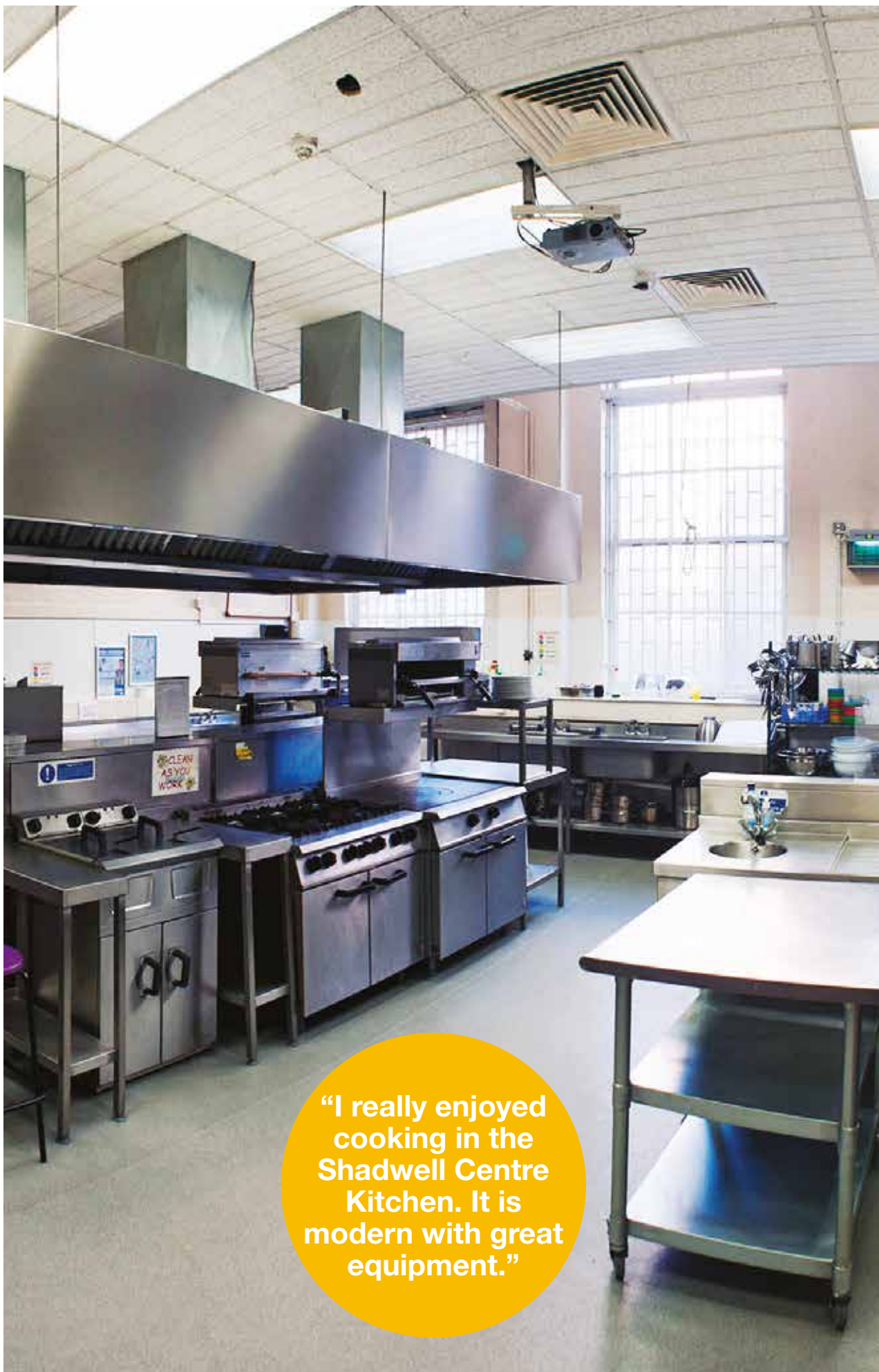




Cookery



“I really enjoyed cooking in the Shadwell Centre Kitchen. It is modern with great equipment.”





Cookery

Learn cookery and get qualified

Idea Store Learning has developed a broad range of courses aimed at helping you learn new cookery skills. Whether you want to learn to cook healthily, continental or exotic dishes, bake nice breads and cakes we have a course for you in which you will enjoy learning and be creative in a friendly and supportive atmosphere.

You can also get a qualification with our Highfield Level 2 Award in Food Safety in Catering course.

Some of the courses on offer are:

- American Baking
- Baking Bread, Cakes and Pastries
- Baking Just Breads
- Baking Just Cakes
- Bangladeshi and Indian Specialities
- French Cuisine
- French Patisserie
- Healthy Cooking on a Budget
- Indian Cuisine
- Italian Cookery
- Thai Cookery
- Vegan Cookery
- Vegetarian Cookery

For learners with some existing knowledge and skills, there are courses for you too. Progress by joining one of our **All Levels*** or **Improvers** courses:

- American Baking
- African-Caribbean Cookery - All Levels
- Baking Bread, Cakes and Pastries
- French Patisserie
- Italian Cookery
- Mediterranean Cookery
- Thai Cookery
- Vegetarian Cookery

* All Levels courses are a mix of learners of all levels including more advanced learners who may be working on individual projects or developing more advanced skills and techniques. You will be taught by highly skilled cookery tutors and supported by a range of excellent resources.

CASE STUDY



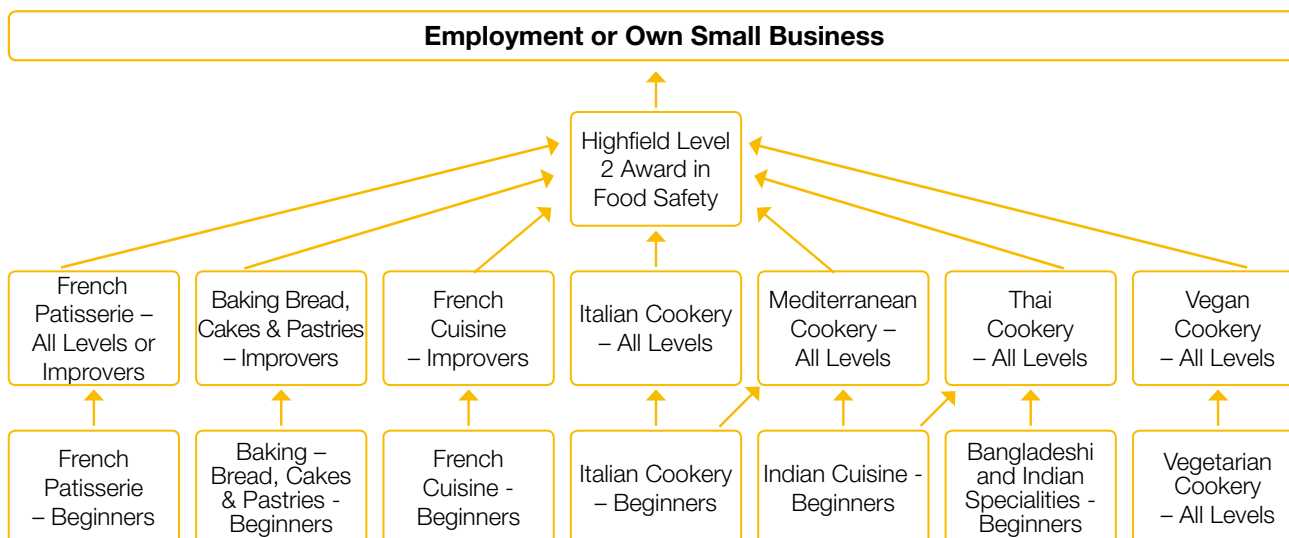
Paul Duggan

Cookery

“The first time I stepped into the kitchen at Shadwell Centre, I felt clumsy and out of my comfort zone.

I am now more confident as I know my way around the kitchen but more importantly, have managed to cook some excellent Italian dishes.”

Progression Route Cookery



Get Qualified Cookery



Course Code	Day of Week	Start Date	Timetable				Venue	Course Fees		
			Start Time	End Time	No Weeks	Full Fee		Concessionary	Band	

Get Qualified in Cookery

Highfield Level 2 Award in Food Safety in Catering

A5014	Saturday	07/12/2019	09:30	17:00	1	ISW	£30.00	£9.00	1A
C4701	Saturday	04/07/2020	09:30	17:00	1	ISW	£30.00	£9.00	1A

Learn Cookery for Yourself

Bangladeshi and Indian Specialities - Beginners

A4969	Friday	20/09/2019	18:00	20:30	10	SHC	£119.00	£31.00	3A
B4968	Friday	17/01/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A
C4970	Friday	24/04/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A

African-Caribbean Cookery - All Levels

A4819	Thursday	19/09/2019	18:00	20:30	10	SHC	£119.00	£31.00	3A
B5179	Tuesday	14/01/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A
C5178	Monday	20/04/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A

French Cuisine - Beginners

A4822	Monday	16/09/2019	18:00	20:30	5	SHC	£59.00	£16.00	3A
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French Cuisine - Improvers

B4676	Thursday	16/01/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A
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Healthy Cooking on a Budget - All Levels

C5095	Thursday	04/06/2020	18:00	20:30	5	SHC	£59.00	£16.00	3A
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Indian Cuisine Beginners

A4964	Tuesday	17/09/2019	18:00	20:30	10	SHC	£119.00	£31.00	3A
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Italian Cookery - All Levels

B5092	Saturday	18/01/2020	10:00	12:30	10	SHC	£59.00	£16.00	3A
C5093	Saturday	25/04/2020	10:00	12:30	10	SHC	£59.00	£16.00	3A

Italian Cookery - Beginners

A5091	Saturday	21/09/2019	10:00	12:30	10	SHC	£59.00	£16.00	3A
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Course Code	Day of Week	Timetable				Venue	Course Fees		
		Start Date	Start Time	End Time	No Weeks		Full Fee	Concessionary	Band

Mediterranean Cookery - All Levels

A5231	Saturday	21/09/2019	13:00	15:30	5	SHC	£59.00	£16.00	3A
B5232	Saturday	18/01/2020	13:00	15:30	5	SHC	£59.00	£16.00	3A
C5233	Saturday	25/04/2020	13:00	15:30	5	SHC	£59.00	£16.00	3A

Thai Cookery - All Levels

A5176	Monday	16/09/2019	10:00	12:30	10	SHC	£119.00	£31.00	3A
B5177	Monday	13/01/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A
B5204	Tuesday	14/01/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A
C4668	Tuesday	21/04/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A

Vegan Cookery - All Levels

A5076	Monday	28/10/2019	18:00	20:30	5	SHC	£59.00	£16.00	3A
B5077	Monday	24/02/2020	18:00	20:30	5	SHC	£59.00	£16.00	3A
C5175	Monday	01/06/2020	18:00	20:30	5	SHC	£59.00	£16.00	3A

Vegetarian Cookery - All Levels

A5228	Saturday	02/11/2019	13:00	15:30	5	SHC	£59.00	£16.00	3A
B5229	Saturday	29/02/2020	13:00	15:30	5	SHC	£59.00	£16.00	3A
C1638	Thursday	23/04/2020	18:00	20:30	5	SHC	£59.00	£16.00	3A
C5230	Saturday	06/06/2020	13:00	15:30	5	SHC	£59.00	£16.00	3A

Baking

American Baking - All Levels

C5180	Tuesday	21/04/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A
C4928	Wednesday	22/04/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A

Baking Bread, Cakes and Pastries - Beginners

A4818	Tuesday	17/09/2019	10:00	12:30	10	SHC	£119.00	£31.00	3A
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Baking Bread, Cakes and Pastries - Improvers

B4690	Monday	20/01/2020	18:00	20:30	5	SHC	£59.00	£16.00	3A
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Baking Cakes and Pastries - All Levels

C5078	Monday	20/04/2020	18:00	20:30	5	SHC	£59.00	£16.00	3A
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Baking Cakes and Pastries - Beginners

A5030	Tuesday	17/09/2019	14:00	16:30	10	SHC	£119.00	£31.00	3A
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Baking Just Bread - All Levels

B5089	Thursday	16/01/2020	10:00	12:30	5	SHC	£59.00	£16.00	3A
C5090	Thursday	23/04/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A

Baking Just Bread - Beginners

A5088	Thursday	19/09/2019	10:00	12:30	10	SHC	£119.00	£31.00	3A
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Baking Just Cakes - All Levels

B5009	Wednesday	15/01/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A
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French Patisserie - All Levels

A4934	Wednesday	18/09/2019	10:00	12:30	10	SHC	£119.00	£31.00	3A
C5094	Wednesday	22/04/2020	10:00	12:30	10	SHC	£119.00	£31.00	3A

French Patisserie - Beginners

A4963	Wednesday	18/09/2019	18:00	20:30	10	SHC	£119.00	£31.00	3A
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French Patisserie - Improvers

B4927	Wednesday	15/01/2020	18:00	20:30	10	SHC	£119.00	£31.00	3A
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