

Course Description and Outline

Course Title	Get Started in Fashion and Soft Tailoring		
Level of Course	Beginners	Course Code	A4160
Duration in Weeks	10		
Brief Description of Course What will the course cover?	<p>This course is for you if you want to learn the hand and machine stitching skills necessary for fashion construction and soft tailoring. It is a beginner's course you do not need any previous experience or knowledge though you should have an interest in fashion and clothing and sewing techniques. You will construct a basic 'softly tailored' garment whilst on the course.</p> <p>You will also learn:</p> <ul style="list-style-type: none"> How to thread up and use a sewing machine. Learn about hand and machine stitches Understand basic health and safety requirements in the studio and using the machines. Learn how measure and record measurements accurately. How to calculate the amount of fabric required. Choose appropriate seam finishes. Evaluate your project using some new words (professional terminology). 		
Entry Requirements	No previous experience is necessary and you do not need to own a sewing machine.		
Main Learning Outcomes for all Learners (Maximum of 5) By the end of the course you will be able to:			
1	Demonstrate knowledge of hand and machine stitches.		
2	Use a sewing machine to use stitch formation		
3	Use tools and equipment safely		
4	Choose appropriate seam finish to compliment garment		
5	Calculate fabric quantity		
Equipment Required What will I need to bring to class?	Some basic equipment is provided. For the first lesson you need to bring a note book and pencil. You will be given a list of materials required at the first lesson, although haberdashery materials will be required throughout the course.		
What courses can I go on to?	We would recommend Soft Tailoring Skills For Jackets and Coats – All Levels; Soft Tailoring Skills for Trousers and Skirts – All Levels. You can progress to other Fashion courses or to L1 qualification courses such as a Level 1 Award in Sewing - Make A Shirt Or Top; or Make A Casual Pair Of Trousers; or Make An Unlined Skirt. A qualification will help you to progress later to other higher level courses.		

What examination or assessment will there be and what will it involve?

You will complete a self-assessment at the beginning and end of the course.
The tutor will carry out informal tests to check your understanding but there is no exam.

This is followed up through the course with tutor who will let you know how you are getting on; you will receive ongoing feedback of your progress from your tutor to ensure you are working to your full potential.

How will I know I am making progress?

You and your tutor will be able to monitor your progress by completing the self-assessment form and discussing your progress against the main learning outcomes above and your Individual Learning Plan.

Your tutor will give ongoing feedback.

You will have an individual learning plan to monitor your own progress.

You will also need to evaluate your own progress and manage your time.

Please note it is important that you attend all the scheduled sessions punctually in order to maximise your chances of passing the course.

Is there anything else I need to know?

You should aim to arrive at class at least 5 minutes before the start so that you are ready to commence on time.

You do not need to own a sewing machine to attend this course.

You will be given a list of equipment required at the first lesson.

You will have to purchase some fabrics and haberdashery for the projects undertaken.

What if I want extra support? Contact the Learner Support & Advice Team

The Learner Support & Advice Team can support learners achieve their education and employment goals. Information, advice & guidance is given on a range of issues including, financial support and support available for learners who are disabled and learners with learning difficulties, Come and see one of experienced and friendly advisors who can help you make the next step. For further information, text **IDEA** and your name to **07950 080 341** or email **ideastorelearning@towerhamlets.gov.uk** and a member of the team will get back to you.

This is a brief description of the course content and is not definitive or exhaustive. The course content may be subject to change without notice however the details above are intended to give a picture of the types of activities which may be included on the course.

Course outlines provide a general summary of the contents and material to be covered during lessons. They are subject to change at the discretion of teachers to meet the needs of learners and should not be regarded as prescriptive lists of activities to be covered.

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